



**PARK REGIS**

# Birmingham City Guide





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# Birmingham City Guide

Birmingham is one of the most dynamic entertainment destinations in the UK. Offering everything from international club nights to comedy and great restaurants. The city is a great place to be, whether for business or leisure. It offers great family days out with attractions such as the Sealife Centre and Cadbury World, but is also a hotspot for a weekend away with friends, thanks to the Bullring and Mailbox shopping centres and the bustling nightlife areas of Broad Street, Brindley place, the Jewellery quarter and the Arcadian. Birmingham, as the UK's second city isn't short of things

to do. From famous shopping areas to a lively nightlife, it is a great place for all ages to visit and enjoy. The Bullring shopping centre is a great spot for high-street browsing, while the Mailbox is home to the city's high-end shops. Broad Street is home to the city's main strip of bars and clubs, with many restaurants located in nearby Brindley Place. The city is home to an abundance of performance spaces – the ICC, Barclaycard Arena, Symphony Hall, Rep Theatre, Hippodrome, the NEC and the Genting Arena. With many of these venues offering concerts

and shows throughout the week for locals and visitors to enjoy. Birmingham is also home to a number of sports stadiums from Edgbaston Cricket Ground which is only 2.2 mile away (or a 12 minutes drive) to Villa Park, where you can soak up the atmosphere and catch top level teams in action. Park Regis is close to many of Birmingham's best attractions, providing you with a luxurious base for your visit, as well as being only 10 minutes by train from Birmingham International Airport.



Birmingham is a vibrant, multicultural city and is home to a number of popular events each year. From Eid celebrations to the German Christmas markets, special times of the year are celebrated in style, ensuring no visitors ever run out of things to do.

Visitors from all over the world come to celebrate events and festivals in Birmingham from the Aegon Classic tennis championships to renowned music festivals such as Mostly Jazz. On a local level, food festivals and monthly meetings such as Digbeth Dining Club draw in the crowds to enjoy sociable dining across the city. When visiting the city for an event or festival, Park Regis provides the perfect base, located in

at the heart of the city centre, and easily accessible from New street and Five ways train stations.



Home to more canals than Venice, legendary architecture and beautiful parks, post-industrial Birmingham is one of the few large UK cities that still manages to cling to its village vibe. Its reputation as a working city is as true today as it was in the days of the industrial revolution.



## Where to shop?

Birmingham is also known for being a shopping paradise. From shopping at high-end malls such as the Mailbox, enjoying the Bull Ring Shopping centre to bargain-hunting at the world famous Birmingham markets, the City Centre has it all.



### For Him

Clements and Church

### For Her

Harvey Nichols

### For Kids

Nostalgia and Comics

Out of the Ordinary

Jam Jar Lights



# Where To Eat?

As the UK's second city, Birmingham has its fair share of eateries. From top notch michelin-star restaurants, to preppy cafes and good old-fashioned and traditional pubs, you can be sure to find something to suit every taste. Whether you live in the city, or are simply visiting, there are plenty of places to try, whatever the time of day.

## Breakfast

### JuJu's

JuJu's Cafe is a delightful canal-side spot beside Birmingham's Barclaycard Arena, perfect for a morning visit. From a full English to a luxe eggs royale, the delicious breakfasts are served all day, with an abundance of great veggie options too. A good breakfast sets you up for a good day, so there's no better reason to get your fill.

### The High Field

It's all about quality at The Highfield in Edgbaston. Voted 2015's 'Best Breakfast in Birmingham' – they have something of a reputation to uphold. A great selection of favourites featuring sourdough bread, the finest meats and of course all the trimmings make them hard to beat when it comes to early eats.

## Brunch

### Yorks Bakery Cafe

This popular coffee spot knows how to draw in a crowd. Its varied menu offers all sorts from

Arabian buttered eggs to 'clean eats' sharing boards – perfect for a sociable brunch date with friends.

### 1565 Restaurant, Bar & Terrace

The freshest ingredients, finest combinations, and wonderful ambience to top it all off. The 1565 restaurant at Park Regis hotel in Birmingham is a great place to ease yourself into the day, with an extended brunch menu ranging from cooked classics to super sweet pancakes.

## Lunch

### Lasan

Hailed as Gordon Ramsey's best Indian restaurant, Lasan is a treat for the senses. With its contemporary decor and unrivalled reputation, it's a great place for a working lunch and for an idyllic escape from the busy daytime routine.

## Dinner

### Rofuto

Way up in the clouds, on the top floor of Birmingham's Park Regis Hotel is the delightful Rofuto. The izakaya style service gives your dining experience a relaxed feel, but takes nothing away from the spectacular food on offer. To top it off, right next door you can wind down enjoy some refreshing cocktails at the Skyline bar. If there's one thing for sure when visiting Birmingham, it's that you won't go hungry. Enjoy!

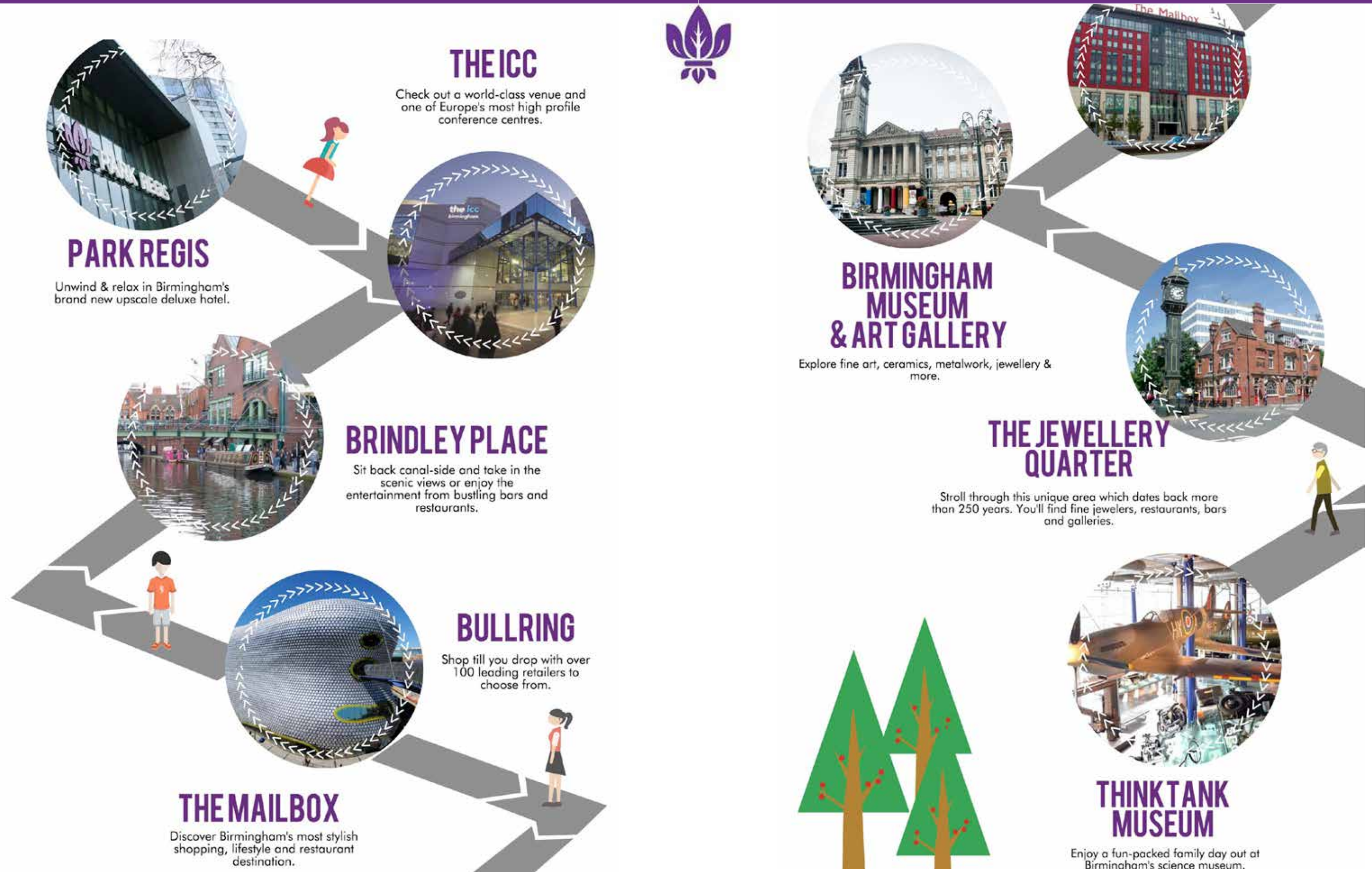


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# Take A Tour Around Birmingham With Our Infographic







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## Reservations

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